



December 1, 2024
First Sunday of
Advent

Mass and Confession Schedule

(in MIT Chapel)
 Sunday 9:30 AM, 1:00 PM, 5:00 PM
 Monday & Wednesday 7:30 PM**
 Tuesday, Thursday & Friday 12:05 PM**
 Confessions: Mon before Mass and
 Mon & Wed. during Adoration
 Anytime by appointment
 **When classes are in session

Sunday, 12/1/2024: Masses will be held at 9:30am and 5pm (NO 1pm Mass).

Celiac Disease/Gluten Intolerance: The Benedictine Sisters of Perpetual Adoration in Clyde, Missouri, have made Vatican-approved, low-gluten altar breads since 2004. These breads have been tested by independent laboratories and deemed safe for use by many people with Celiac Sprue Disease.

In 2004 Dr. Alessio Fasano, at the time director of the Center for Celiac Research at the University of Maryland, maintained that the amount of gluten contained in one of the Benedictine Sisters' low-gluten altar breads (tested at < .01 percent) was so minute that someone diagnosed with Celiac Sprue Disease would have to consume 270 wafers daily in order to reach the danger point. A test done in 2016 indicated the gluten content was even more minimal - less than .001 percent. Dr. Fasano is now with the Center for Celiac Research and Treatment at Massachusetts General Hospital in Boston. The decision to receive a low-gluten host should be made on advice from your physician.

At Mass the priest will have the special container with the low-gluten hosts. At the time for Holy Communion simply process in the line being served by the priest, and when in front of the priest let him know you need a low-gluten host.

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Ezekiel Daye
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Website

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Joining TCC

TCC registration go to
<https://mitcatholic.org/get-connected>

TCCM is a moderated announcement list for the Tech Catholic Community.

To subscribe or unsubscribe, go to
<http://mailman.mit.edu/mailman/listinfo/tccm>

To post a message in the bulletin or on the TCCM list, send an email to:
 tcc-updates@mit.edu

To get invited to the Slack workspace:
<https://www.mitcatholic.org/get-connected#connect-form>

December						
Also check out "MITCatholic.org" for more info!						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 Mass: 9:30 AM & 5 PM (Reception will follow the Masses)	2 6 PM: Confession 7:30 PM: Mass 8 PM: Adoration/Confession	3 12:05:PM: Mass. 10 PM: Adoration	4 6 PM: Grad/Faculty Reading Group 7:30 PM: Mass 8 PM: Adoration/Confession	5 12:05:PM: Mass.	6 12:05 PM: Mass 6:15 PM: Rosary 7 PM: Spags	7 9 PM: Gingerbread House Making
8 Mass: 9:30 AM, 1 PM & 5 PM (Reception will follow the Masses) 2:30 PM: Learning about the Catholic Faith	9 12:05 PM: Mass 6 PM: Confession 7:30 PM: Mass <i>Immaculate Conception</i>	10 12:05:PM: Mass. 10 PM: Adoration	11 7:30 PM: Mass 8 PM: Adoration/Confession	12 5:15:PM: Mass <i>Our Lady of Guadalupe</i>	13 12:05 PM: Mass 6:15 PM: Rosary 7 PM: Spags	14

Back Bay Mobile Soup Kitchen (BBMSK) Join fellow students and young professionals in the area to pass out socks, sandwiches, and snacks and talk to our neighbors who are experiencing homelessness. Meet in front of Target in Central Square at 6:30pm on Tuesdays. For more info or to be added to the WhatsApp group, please contact Chris Johnstone (cjohnsto@mit.edu). All are welcome!

Rosary: Fridays at 6:15pm in the Chapel.

Spaghetti Suppers: Join the TCC every Friday night at 7pm for a free spaghetti supper. Location on 12/6: Student Center/Mezzanine Lounge (W20-307)

MIT Catholic LinkedIn Group: The MIT Catholic community now has a linked in! <https://www.linkedin.com/groups/12783224> join the group to expand your network, stay in touch, apply for job postings from MIT Catholic alumni, post jobs if you are recruiting, build our community and more! **QR code on the left.**

