



**November 3, 2024**  
**Thirty-First Sunday**  
**in Ordinary Time**

**Mass and Confession Schedule**

(in MIT Chapel)  
 Sunday 9:30 AM, 1:00 PM, 5:00 PM  
 Monday & Wednesday 7:30 PM\*\*  
 Tuesday, Thursday & Friday 12:05 PM\*\*  
 Confessions: Mon before Mass and  
 Mon & Wed. during Adoration  
 Anytime by appointment  
 \*\*When classes are in session

**Office**

Religious Activities Center  
 MIT W-11-40 Massachusetts Ave.  
 Cambridge, MA 02139-4312  
 (617)253-2981 catholic@mit.edu

**Chaplain**

Fr. Michael B. Medas:  
 everyday: catholic@mit.edu  
 sensitive: mmedas@mit.edu  
 mobile and text: (617) 834-2734

**Associate Chaplain**

Rev. Mr. Augustine Hwang:  
 hwangja@mit.edu

**Office Administrator**

Loni Butera: loni@mit.edu

**Music:**

Choir rehearsal 1 hour before Mass  
 Amanda Hornick: ahornick@mit.edu

**TCC President:**

Ezekiel Daye  
 Helena Usey (VP)

**Website**

<http://MITCatholic.org>  
 Contact: tcc-webmaster@mit.edu

**Joining TCC**

TCC registration go to  
<https://mitcatholic.org/get-connected>

TCCM is a moderated announcement list for the Tech Catholic Community.

To subscribe or unsubscribe, go to  
<http://mailman.mit.edu/mailman/listinfo/tccm>

To post a message in the bulletin or on the TCCM list, send an email to:  
 tcc-updates@mit.edu

To get invited to the Slack workspace:  
<https://www.mitcatholic.org/get-connected#connect-form>

**TI Talk "The Bible and Church Tradition":** Lecture by Fr. Timothy Bellamah, O.P. TODAY, Sunday, November 3 at 6:30pm in W20-401. Fr. Timothy Bellamah, O.P. will be giving a talk discussing Catholicism's approach to the Bible and Church Tradition. Join us for an insightful lecture, followed by 30 minutes of Q&A afterwards. Refreshments will be provided.

**Lecture Follow-Up:** Thursday, November 7 at 7pm in W11/MDR.

**Celiac Disease/Gluten Intolerance:** The Benedictine Sisters of Perpetual Adoration in Clyde, Missouri, have made Vatican-approved, low-gluten altar breads since 2004. These breads have been tested by independent laboratories and deemed safe for use by many people with Celiac Sprue Disease.

In 2004 Dr. Alessio Fasano, at the time director of the Center for Celiac Research at the University of Maryland, maintained that the amount of gluten contained in one of the Benedictine Sisters' low-gluten altar breads (tested at < .01 percent) was so minute that someone diagnosed with Celiac Sprue Disease would have to consume 270 wafers daily in order to reach the danger point. A test done in 2016 indicated the gluten content was even more minimal - less than .001 percent. Dr. Fasano is now with the Center for Celiac Research and Treatment at Massachusetts General Hospital in Boston. The decision to receive a low-gluten host should be made on advice from your physician.

At Mass the priest will have the special container with the low-gluten hosts. At the time for Holy Communion simply process in the line being served by the priest, and when in front of the priest let him know you need a low-gluten host.

November							Also check out "MITCatholic.org" for more info!						
Sun	Mon	Tue	Wed	Thu	Fri	Sat	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	3	4	5	6	7	8		9					
Mass: 9:30 AM, 1 PM, & 5 PM (Reception will follow the Masses) 2:30 PM: Learning about the Catholic Faith 6:30 PM: TI-Talk	7:30 PM: Mass 8 PM: Adoration/Confession	12:05: PM: Mass 6:30 PM: Bible Study of Sun-Read 10 PM: Adoration	6 PM: Grad/ Faculty Reading Group 7:30 PM: Mass 8 PM: Adoration/Confession	12:05 PM: Mass 7 PM: Lecture Follow-up	12:05 PM: Mass 6:15 PM: Rosary 7 PM: Spags								
	10	11	12	13	14	15		16					
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**Back Bay Mobile Soup Kitchen (BBMSK)** Join fellow students and young professionals in the area to pass out socks, sandwiches, and snacks and talk to our neighbors who are experiencing homelessness. Meet in front of Target in Central Square at 6:30pm on Tuesdays. For more info or to be added to the WhatsApp group, please contact Chris Johnstone ([cjohnsto@mit.edu](mailto:cjohnsto@mit.edu)). All are welcome!

**Rosary:** Fridays at 6:15pm in the Chapel.

**Spaghetti Suppers:** Join the TCC every Friday night at 7pm for a free spaghetti supper. Location on 11/8: Student Center / Multipurpose Rm (W20-401)



**MIT Catholic LinkedIn Group:** The MIT Catholic community now has a linked in! <https://www.linkedin.com/groups/12783224> join the group to expand your network, stay in touch, apply for job postings from MIT Catholic alumni, post jobs if you are recruiting, build our community and more! **QR code on the left.**