

Archdiocese of Boston



Pro Life Office

“What is urgently called for is a ... united ethical effort to activate a great campaign in support of life. All together we must build a culture of life.”

Pope John Paul II, *The Gospel of Life*, n. 95

Pregnancy Help

www.pregnancyhelpboston.org

Project Rachel

www.projectrachelboston.com

Respect Life Education

www.respectlifeeducation.com

Pro Life Office—508.651.1900

Holy Hour For Life, Forgiveness, and Healing With Exposition of the Holy Eucharist



*“...that I should not lose anything
of what he gave me...” John 6:39*

Boston Deacons for Life in
collaboration with the
Pro Life Office—Archdiocese of Boston

**HOLY HOUR FOR LIFE,
FORGIVENESS, and HEALING**

OPENING SONG AND EXPOSITION OF THE BLESSED SACRAMENT: *The opening song is concluded and a period of silent prayer follows.*

OPENING PRAYER

God our loving Father, you alone are Creator and Author of all human life. We come before you with our prayers for life, forgiveness, and healing. We pray for the protection of every human being, wisdom to those who govern us, and compassion for those who work to defend human life. Grant your forgiveness and healing to all those involved in abortion. **All: Amen.**

LITURGY OF THE WORD

FIRST READING

A reading from the book of the Prophet Isaiah 49:1-6

Hear me, coastlands, listen, distant peoples. Before birth the LORD called me, from my mother's womb he gave me my name. He made my mouth like a sharp-edged sword, concealed me, shielded by his hand. He made me a sharpened arrow, in his quiver he hid me. He said to me, you are my servant, in you, Israel, I show my glory. Though I thought I had toiled in vain, for nothing and for naught spent my strength, yet my right is with the LORD, my recompense is with my God. For now the LORD has spoken who

In all the dioceses of the United States of America, January 22 (or January 23, when January 22 falls on a Sunday) shall be observed as a particular day of penance for violations to the dignity of the human person committed through acts of abortion, and of prayer for the full restoration of the legal guarantee of the right to life. The Mass "For Peace and Justice" (no. 22 of the "Masses for Various Needs") should be celebrated with violet vestments as an appropriate liturgical observance for this day.



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<http://www.usccb.org/prolife/liturgy/holyhourforlife.shtml>

REPOSITION

After the Divine Praises, the Blessed Sacrament is removed from the monstrance and brought to the place of reservation.

CONCLUDING HYMN:

Holy God, We Praise Thy Name

Holy God, we praise thy name:
Lord of all, we bow before thee;
All on earth thy scepter claim,
All in heaven above adore thee.
Infinite thy vast domain,
Everlasting is thy reign!
Infinite thy vast domain,
Everlasting is thy reign!

Hark, the loud celestial hymn;
Angel choirs above are raising
Cherubim and Seraphim,
In unceasing chorus praising,
Fill the heavens with sweet accord:
Holy, holy, holy, Lord!
Fill the heavens with sweet accord:
Holy, holy, holy, Lord!

formed me as his servant from the womb, that Jacob may be brought back to him and Israel gathered to him; I am honored in the sight of the LORD, and my God is now my strength! It is too little, he says, for you to be my servant, to raise up the tribes of Jacob, and restore the survivors of Israel; I will make you a light to the nations, that my salvation may reach to the ends of the earth.

The word of the Lord.

All: Thanks be to God.

Psalm 139: 1b-3, 13-14b, 23-24 LFM 440

R. Guide me Lord, along the everlasting way.

O Lord, you have probed me and you know me; You know when I sit and when I stand; You understand my thoughts from afar. My journeys and my rest you scrutinize, With all my ways you are familiar.

R. Guide me Lord, along the everlasting way.

Truly you have formed my inmost being; You knit me in my mother's womb. I give you thanks that I am fearfully, wonderfully made; wonderful are your works.

R. Guide me Lord, along the everlasting way.

Probe me, O God, and know my heart; Try me, and know my thoughts; See if my way is crooked, And lead me in the way of old.

R. Guide me Lord, along the everlasting way.

GOSPEL ACCLAMATION

R. **Alleluia, alleluia. Jn 6:39**

And this is the will of the one who sent me, that I should not lose anything of what he gave me,

R. **Alleluia, alleluia.**

GOSPEL

+A reading from the Holy Gospel according to John 6:35-40

Jesus said to the crowds: "I am the bread of life; whoever comes to me will never hunger, and whoever believes in me will never thirst. But I told you that although you have seen me, you do not believe. Everything that the Father gives me will come to me, and I will not reject anyone who comes to me, because I came down from heaven not to do my own will but the will of the one who sent me. And this is the will of the one who sent me, that I should not lose anything of what he gave me, but that I should raise it on the last day.

For this is the will of my Father, that everyone who sees the Son and believes in him may have eternal life, and I shall raise him on the last day." *The Gospel of the Lord.*

All: **Praise to you Lord Jesus Christ.**

*At this point there is a period for extended Silent Prayer (15 - 20 minutes). At the conclusion of this time there may be a **SPIRITUAL REFLECTION** offered by the presider.*

THE EUCHARISTIC BLESSING

Priest or Deacon:

Let us pray.

Lord Jesus Christ, you gave us the Eucharist as the memorial of suffering and death. May our worship of this sacrament of your body and blood help us to experience the salvation you won for us and the peace of the kingdom where you live with the Father and Holy Spirit, one God, forever and ever.

All: **Amen.**

Blessed be God.

Blessed be His Holy Name.

Blessed be Jesus Christ, true God and true man.

Blessed be the name of Jesus.

Blessed be His Most Sacred Heart.

Blessed be His Most Precious Blood.

Blessed be Jesus in the Most Holy Sacrament of the Altar.

Blessed be the Holy Spirit, the Paraclete.

Blessed be the great Mother of God, Mary most holy.

Blessed be her holy and Immaculate Conception.

Blessed be her glorious Assumption.

Blessed be the name of Mary, Virgin and Mother.

Blessed be Saint Joseph, her most chaste spouse.

Blessed be God in His angels and in His Saints.

HYMN: TANTUM ERGO
Down in Adoration Falling

Tantum ergo Sacramentum
Veneremur cernui:
Et antiquum documentum
Novo cedat ritui:
Praestet fides supplementum
Sensuum defectui

Genitori, Genitoque
Laus et iubilatio
Salus, honor, virtus quoque
Sit et benediction:
Procedenti ab utroque
Compar sit laudation

Amen

Down in adoration falling,
This great Sacrament we hail:
Over ancient forms of worship
Newer rites of grace prevail:
Faith will tell us Christ is present,
When our human senses fail.

To the everlasting father,
And the Son, who made us free,
And the Spirit, God proceeding
From them each eternally,
Be salvation, honor, blessing,
Might and endless majesty.

Amen

PRAYERS OF PETITION – Response to each
petition is “*Lord, have mercy.*”

For a deep courage to fill the hearts of women and
men who are contemplating abortion at this very
moment...* *Lord, have mercy*

For the mother who awakens each morning with the
memory of abortion fresh in her mind...*
Lord, have mercy

For the father whose child died with his cooperation
and consent...* *Lord, have mercy*

For the parents who influenced their child’s choice
to abort their grandchild...* *Lord, have mercy*

For the doctors, nurses, and all those who per-
formed or assisted with abortions...*
Lord, have mercy

For the clinic workers whose jobs are to encourage
and facilitate abortions...* *Lord, have mercy*

For scientists and pharmaceutical employees who
help manufacture abortifacient drugs...*
Lord, have mercy

For those whose work involves promoting abortion
and contraceptive use...* *Lord, have mercy*

For humility to permeate the lives and hearts of
those ministering to women and men who lost chil-
dren to abortion...* *Lord, have mercy*

For elected leaders who oppose any restriction on
the abortion license...* *Lord, have mercy*

For an end to legal abortion in our nation and for
the conversion of all hearts...*
Lord, have mercy

For repentance, healing, forgiveness, and peace...*
Lord, have mercy

After a period of silence, A Hail Mary Litany for Post-Abortion Healing will be offered. The Congregation will pray the Hail Mary after each petition.

HAIL MARY LITANY

Heavenly Father, source of all life and holiness, just as you wiped the tears of Rachel who mourned for her children, may all who grieve the loss of children from abortion be assured of your tender mercy. Enable them to seek your forgiveness and entrust their children to you with hope in your infinite mercy and unconditional love. We ask you this through your Son, Christ our Lord, who has made all things new.

All: Amen.

The woman caught in adultery was humiliated by cruel men; Heal those who suffer of the shame reflected in the eyes of family or friends.*

All: Hail Mary....

The woman at the well encountered Christ and the truth about herself; Give those who suffer the courage to face what they have done and beg for God's mercy.*

All: Hail Mary....

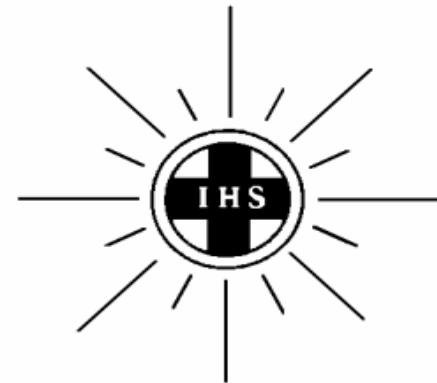
Saint Peter denied the Lord three times, despite his love; Give those who suffer the courage to repent as Peter did.*

All: Hail Mary....

The Blessed Virgin Mary wept at the foot of the cross of Jesus, her son; Help those who suffer in tears find God's reconciling love in the Sacrament of Reconciliation.*

All: Hail Mary....

PERIOD OF SILENT PRAYER



THE LORD'S PRAYER

Presiding Minister: Now let us offer together the prayer our Lord Jesus Christ taught us:

All: Our Father...

BENEDICTION

At the conclusion of the Lord's Prayer, the presiding minister goes to the altar, genuflects, and then kneels. As he kneels he prays:

Priest or Deacon: Look down, O Lord, from your heavenly throne, and illumine this night with your celestial brightness; that by night as by day, your people may glorify your holy Name; through Jesus Christ our Lord.

All: Amen.