



MIT Center for WorkLife and WellBeing Overview

April 13, 2021

3:00 pm-4:00 pm

Join us for a presentation by the MIT Center for WorkLife and WellBeing and learn about the **comprehensive services and benefits that can help support female postdocs** during their time at MIT. Topics include:

- Emotional Health and Well-Being
- Financial and Legal Issues
- Parenting Children of All Ages
- Child Care and Schools
- Planning and Paying for College
- Student Loan Repayment Strategies
- Adult and Senior Care

The MIT Center for WorkLife and WellBeing offers access to a **network of experts** who can provide counseling, advising, consultations, and referrals, **at no cost** to benefits-eligible employees.