

## ***Announcing the 2015-2016 MENTORING CIRCLE PROGRAM***

**Need career advice?  
Need help with at-work conflict?  
Need tips on how to balance work and family?  
Then get advice from experienced women in science!!**

***Sign up now to become a mentee!***



*"Life is 10% what happens to you and 90% how you react to it", Charles Swindoll*

*"Mentoring circles provided me with a professional support network to help deal with a stressful situation at work and re-evaluate my career goals and professional skills", previous mentee*

### **What is an AWIS Mentoring Circle?**

A Mentoring Circle consists of 3-5 women with a scientific background who are committed to meeting monthly to support one another with advice, encouragement, and information. Each circle will be coordinated and aided by at least one experienced mentor and one connector.

### **Who will be in my circle?**

The MASS AWIS mentoring committee will review submitted surveys and match you with a circle based on interest, career goals, geography, and other factors.

### **What will we talk about? Are we just going to sit around and complain?**

The mentoring circle is a mechanism for sharing frustrations with peers but the focus is on career growth and problem solving in a supportive environment. The group will decide how it wants to handle the schedule, but MASS AWIS will provide you with a sourcebook of ideas and articles to help start conversation. All participants should be willing to both give and get professional and personal support from other talented women in the scientific community. Mentors will help guide and promote productive discussions in the circle.

### **How do I join the MASS AWIS Mentoring Circle Program as a mentee?**

- You must be a MASS AWIS member to participate
- Apply to the program online by filling out the Mentee application
- Mentee application link: [www.massawis.org/menteeapplication2015](http://www.massawis.org/menteeapplication2015)



***Deadline is June 30th, 2015.***

***Please share this information with any friend or colleague who might want to be a mentee. Thanks!***

For more information visit [www.massawis.org/mentoring-circles](http://www.massawis.org/mentoring-circles)  
or email: [cdevecc.awis@gmail.com](mailto:cdevecc.awis@gmail.com) or [lmgriner.awis@gmail.com](mailto:lmgriner.awis@gmail.com)