

Exciting Upcoming Events. Mark your calendar...

Feb 3	Feb 12	Feb 19	Mar 10	Mar 26	Apr 23	May 12
<i>Transitioning from Academia to Industry</i>	<i>Strength to Lead</i>	<i>CEO Panel Discussion on Company Growth</i>	<i>Using Mindfulness to Stay Sane in Stressful World</i>	<i>Independent Consulting</i>	<i>A Conversation About the Politics of Promotion</i>	<i>The New CEO: Always Learning and Innovating</i>

EFFECTIVE TRANSITION FROM ACADEMIA TO INDUSTRY

February 3, 2015 in Cambridge

Learn the critical skills necessary for a smooth and effective transition from academia to industry. Join us for this annual event to hear lessons learned from a variety of individual experiences. Panelists include: Do Yun Lee, Morgan Maeder, Nivedita Namdev, Tracy Nicholson, Deepak Reyon

STRENGTH TO LEAD

February 12, 2015 in Cambridge

As a businessperson today, you are likely pulled in many directions, with not enough time in the day and a myriad of competing priorities. As stress increases from travel, lack of sleep, work and family demands, chemicals in your body automatically jump into action. The result is less than peak performance, trouble focusing and the risk of burnout. A simple exercise program changes the game completely, putting you back in control of your work and your life. Strength to Lead is a unique program for executives, managers, sales professionals, and business leaders who deal with high volume work and high stress on a regular basis. The program guides you through a proven methodology to combat stress efficiently and effectively. Strength to Lead is built with you in mind; the process is clear, concise and effective. The result is a strong body, strong mind and increased resilience, drive and stamina. The program facilitator is Exercise Physiologist Steve Satin.

CEO PANEL DISCUSSION ON COMPANY GROWTH AND THRIVING ON CHANGE

February 19, 2015 in Cambridge

Following a very popular and successful first event, this is the second event of our inaugural Innovation Series that is comprised of panel discussions with biotech and technology industry's most successful entrepreneurs and innovators on how they have created, nurtured, and inspired "Innovation Throughout the Company's Life Cycle." Panelists will discuss their first-hand experience in developing employee careers and advancing more talented women into senior positions. Hear from CEOs who have successfully grown and evolved their companies. These leaders and entrepreneurs will discuss their leadership styles, company growing pains, changing personal and organizational skills as well as managing setbacks and driving innovation. Panelists include: Tillman Gerngross, Chief Executive Officer of Adimab and David Schenkein, Chief Executive Officer of Agios.

USING MINDFULNESS TO STAY SANE IN A STRESSFUL WORLD

March 10, 2015 in Framingham

In a hectic, volatile, complex, and uncertain world, being mindful is a challenge. Rather than experiencing the present, we tend either to dwell in the past, ruminating about the things we should have done, or in the future, worrying whether we will achieve the goals we think are necessary for our success and happiness. Meanwhile, in the present, we are endlessly stimulated by electronic devices, always-on social media, and a limitless supply of distractions that keep us from our priorities. Mindfulness may be just the remedy you've been looking for. Come and take a pause from the busyness and stress of your everyday lives; learn about the benefits of finding some calm within; and practice some mindfulness techniques that you can take home with you as your own personal antidote to stress. This workshop will be led by Alison (Ali) Farquhar, Principal of GTL Coaching & Consulting.

INDEPENDENT CONSULTING - GET OFF THE EMPLOYMENT MERRY GO ROUND AND WORK FOR YOURSELF

March 26, 2015 in Cambridge

It's often said that it takes a special kind of person to work for themselves. Truth is, it takes a special kind of person to work for someone else: an ability to conform to a rigid schedule, meet the expectations of others, and put our own desires on hold. As an Independent Consultant, you work for yourself, set your own structure, your own hours, and your own work style. You prosper or perish because of what you do, not what someone else does. In this session on Independent Consulting, Jim Connell, the President of the Society of Independent Consultants, will review prerequisites, advantages, disadvantages, and resources for launching your career as a consultant.

A CONVERSATION ABOUT THE POLITICS OF PROMOTION WITH BONNIE MARCUS

April 23, 2015 in Cambridge

Join us for a Fireside Chat with Bonnie Marcus about her book *The Politics of Promotion: How High-Achieving Women Get Ahead and Stay Ahead*. The evening will start with networking and continue on with a conversation with the author followed by a question and answer session. The discussion will be moderated by Sandra Glucksmann, Chief Operating Officer at Editas Medicine.

THE NEW CEO: ALWAYS LEARNING AND SETTING THE TONE FOR INNOVATION ON DAY ONE

May 12, 2015 in Cambridge

The CEO panel will discuss what motivated them to be CEOs, share early leadership lessons, competencies for success as well their experiences in building start-up companies. They will also discuss their leadership styles and how they build and develop their teams. Come to network with other movers and shakers in the science and technology community and be inspired while enjoying appetizers, wine, and dessert. CEO panelists include: Amy Schulman of Arsia Therapeutics, Katrine Bosley of Editas Medicine, and Nancy Simonian of Syros Pharmaceuticals.

Upcoming WEST Events: <http://www.westorg.org/upcoming-events>