



WORK CREW SAFETY GUIDELINES

*Our safety goal is "Zero Accidents!"
Please read the following guidelines carefully.*

A SAFE ATTITUDE

- Think before you work.
- Avoid distractions and pay attention.
- Inspect equipment before use.
- If you are uncertain about how to do a task or how to operate a power tool, ask your crew leader.
- Know where water and the first aid kit are located.
- Report all injuries to the crew leader.
- If something looks unsafe, tell your crew leader.
- Don't lift beyond your strength. Bend your knees.
- Be aware of your surroundings and of the people working near you.

PROPER CLOTHING

- Remove rings and jewelry.
- Secure loose clothing. Button or roll up sleeves. Zip jackets. Loose clothing is especially dangerous around power tools.
- Wear boots or thick-soled shoes. No Sandals!
- Dress appropriately for the weather.

PROTECTIVE GEAR

- Wear safety glasses when nailing or using power tools or solvents.
- Wear a hard hat when work is going overhead.
- Use ear protection when using power tools for prolonged periods.
- Use dust masks when working in dusty conditions.

A CLEAN WORK SITE

- A clean work place is a safe work place.
- Remove or bend back nails in discarded lumber immediately!
- Organize debris as well as tools and materials.
- Don't leave tools or materials where others can trip over them.
- Use trashcans.

TOOLS

- No one under 18 may use power tools.
- Ask crew leader for instructions before using a tool if not thoroughly familiar with its use.
- Use the right tool for the job.
- Don't place tools where they can fall on someone or trip someone.
- Don't use power tools with defective switches, cords, guards, or plugs.
- Report defective tools to the crew leader.
- Don't use a power tool if you're standing on wet or damp ground.
- Never remove or disable tool guards.
- Use both hands if needed to operate a tool safely; if not, keep the other hand clear.
- Keep electric cords out of the way of the saw blade.
- Support material properly before cutting or drilling.
- Ask for help if a tool jams.
- Never lower or carry a power tool by its cord.

OVER



LADDERS

- No one under 18 may use a ladder.
- Inspect a ladder before using it. If it looks unsafe, DON'T USE IT!
- Only one person on a ladder at one time.
- Set ladder on solid ground. To level, dig a hole until it is stable.
- Use a ladder that will reach the work. An extension ladder should reach 3 feet above the work level.
- Use the 4-to-1 rule: for every 4 feet of height, move the bottom of the ladder one foot away from the wall.
- With toes touching ladder your palms should rest on rung at shoulder height to achieve proper extension ladder angle.
- Never stand on top rungs of a ladder.
- Face the ladder and keep hands free for climbing.
- Move the ladder with your work.
- Keep both shoulders inside the ladder. Don't overreach.
- Keep ladders clear of power lines.
- Don't leave loose objects on a ladder.
- Keep your tools in your tool belt at all times.

ROOFING

- No one under 18 may work on the roof.
- Use toe boards or roof jacks.
- Watch your footing.
- Keep rooftop swept free of sawdust and debris.

SCAFFOLDING

- No one under 18 may work on scaffolding.
- Consult crew leader for proper scaffolding erection and bracing.
- Use extra caution when on scaffolding. Especially near ends. Watch your footing!
- Don't leave loose objects on scaffolding.
- Keep your tools in your tool belt at all times.

DRYWALL

- Stack drywall material so that it is stable and secure.
- Never pull the stack away from the wall as shifting stacks have broken many bones. Drywall is very heavy!

POISONS AND TOXINS

- The toxic substances which can most often be found on a work site are solvents and some cleaners. Occasionally, asbestos or lead oxides may be found. Special care must be taken when you come in contact with any of these substances, or any unfamiliar substance.
- Wear safety glasses and gloves when working with these substances.
- If you don't know what a substance is or whether it is toxic, ask your crew leader.