



## EMERGENCY RELIEF TO LEBANON

Mercy Corps, the Embassy of Lebanon, Washington D.C. and the Hariri Foundation have partnered to quickly meet the immediate needs of the people in Lebanon.

Both the Hariri Foundation and Mercy Corps are humanitarian organizations active on the ground in Lebanon with identified populations and institutions as beneficiaries. The below-mentioned items are immediate needs identified by the Lebanese government, Mercy Corps and Hariri Foundation staff in Lebanon.

It is important to note that the highest impact goods such as pharmaceuticals and medical supplies will take first priority on the airlift. If donations exceed the airplane's capacity, they will be included in a cargo shipment.

If goods are received which are not on the following list or have not been given prior clearance, they will not be sent to Lebanon.

**Mercy Corps, the Embassy of Lebanon, Washington D.C. and the Hariri Foundation are not able to accept or to ship used clothing or other used items to the people of Lebanon.**

### Ship to:

Relief to Lebanon, c/o CMRK Inc., 15 Railroad Dr., Northborough, MA 01532

**Closing Date:** 1 September 2006

*\* If goods are **received** after the closing date they will be donated to local charities.*

Please clearly mark the type and number of kit(s) you have assembled on the outside of the box (or packaging).

***For example:***

**This box includes:**

**5 Household Kits**



## PRIORITY #1 - BULK ITEMS

The items in the table below are not meant to be pre-assembled kits but are higher, value items that will be distributed through hospitals, municipalities and institutions. These are best purchased in bulk rather than individual units.

*The table below shows the items desired and links to websites of sample items.*

<p><b>Medicines</b></p> <p><i>Minimum expiration date of June 2007</i></p>	<p><b><u>OVER THE COUNTER MEDICATIONS</u></b></p> <ul style="list-style-type: none"> <li>• Can be brand name or generic.</li> </ul> <p><b><u>PRESCRIPTION MEDICATIONS</u></b></p> <ul style="list-style-type: none"> <li>• Antibiotics</li> <li>• Anesthetics</li> <li>• Anti-hypertensives</li> <li>• Allergenic</li> <li>• Gastro-intestinal treatments</li> <li>• Cardiac treatments</li> </ul>	<p><b><u>Over the Counter</u></b></p> <ul style="list-style-type: none"> <li>• Antiseptic cream or spray - E.g. calamine lotion</li> <li>• Antihistamines - E.g. Benadryl</li> <li>• Ibuprofen - E.g. Advil (Costco # 107824)</li> <li>• Aspirin (Costco #192528)</li> <li>• Acetaminophen - E.g. Tylenol (Costco # 449832)</li> <li>• Children's Aspirin (Costco # 501860)</li> </ul> <p><i>* Costco numbers are product numbers to help order items by the case. It is also possible to purchase these items by the case at other stores. Check with your local stores.</i></p> <p><i>* Expired, or nearly expired, drugs are often wasted and expensive to destroy.</i></p>
<p><b>Plastic/ Polyethylene Sheeting</b></p>	<p>For covering broken windows etc.</p> <ul style="list-style-type: none"> <li>• Often comes in rolls</li> <li>• Similar to plastic used by painters</li> <li>• Should be clear</li> <li>• UV protection</li> </ul> <p><b><u>Ideal specs:</u></b></p> <ul style="list-style-type: none"> <li>• Roll not to exceed 8 feet in length (plastic is usually folded &amp; rolled)</li> <li>• Thickness: 4-6 mil</li> </ul>	<p>Examples of appropriate or acceptable forms of this item can be found at the following sites or by conducting a word search for: Plastic sheeting.</p> <p><a href="http://pacnseal.com/plastic_sheeting.html">http://pacnseal.com/plastic_sheeting.html</a></p> <p><a href="http://www.papermart.com">http://www.papermart.com</a></p> <p><a href="http://www.usplastic.com">http://www.usplastic.com</a></p> <p>This item can be found at most hardware and stores that sell home improvement and gardening items. Other shops can be identified through a web search for: Plastic Sheeting</p>
<p><b>Tarpaulins</b></p>	<p>Waterproof plastic that is not easy to rip/tear.</p> <ul style="list-style-type: none"> <li>• Usually folded.</li> <li>• Similar to truck/boat cover</li> <li>• Should have metal-lined grommets</li> </ul> <p><b><u>Ideal Specs:</u></b></p> <ul style="list-style-type: none"> <li>• Minimum size = 10 x 10 ft</li> </ul>	<p>Examples of appropriate or acceptable forms of this item can be found at the following sites or by conducting a word search for: Tarpaulin</p> <p><a href="http://www.tarpaflex.com">http://www.tarpaflex.com</a></p> <p><a href="http://www.tarpsplus.com">http://www.tarpsplus.com</a></p> <p><a href="http://www.coversuperstore.com">http://www.coversuperstore.com</a></p>
<p><b>Water Bladders</b></p>	<p>Containers for temporary as well as long term liquid storage.</p> <ul style="list-style-type: none"> <li>• Similar in size to large waterbed</li> <li>• Closed, collapsible, flexible</li> </ul> <p><b><u>Ideal Specs:</u></b></p> <ul style="list-style-type: none"> <li>• Minimum size = 500 liters</li> </ul>	<p>Examples of appropriate or acceptable forms of this item can be found at the following site or by conducting a word search for: Water Bladder</p> <p><a href="http://www.interstateproducts.com">http://www.interstateproducts.com</a></p>
<p><b>Blankets</b></p>	<p>Purchase in bails or in bulk</p> <ul style="list-style-type: none"> <li>• 70% wool</li> <li>• Sized to fit "Queen" bed</li> </ul>	<p>Examples of appropriate or acceptable forms of this item can be found at the following sites.</p> <p><a href="http://www.indianindustry.com">http://www.indianindustry.com</a> or <a href="http://www.teonline.com">http://www.teonline.com</a></p>
<p><b>Safety Equipment</b></p>	<p>Purchase in Bulk</p> <ul style="list-style-type: none"> <li>• Safety Goggles</li> <li>• Leather Work Gloves (all sizes)</li> </ul>	<p>Both are available online for bulk purchase.</p> <ul style="list-style-type: none"> <li>* Safety Goggles: indirect ventilation and fog-free lenses.</li> <li>* Work Gloves: Wrist length (canvas with leather palms okay)</li> </ul>

**\* Please contact Mercy Corps prior to purchasing or donating any of these items - 503.796.6800 ext. 388**



## PRIORITY #2 - GENERAL HOUSEHOLD KITS

2	units	<b>Slippers</b>	Plastic, should be able to withstand water and be easily cleaned. Flip-flops or single strap slippers. Adult sizes
6	pair	<b>Socks</b>	Plain, white, ankle length
1	pc	<b>Sewing Kit</b>	Includes: 2 needles, small bobbins of string (various colors), 2x extra buttons, safety pins
1	roll	<b>Tape</b>	Masking tape
10	unit	<b>Zip-lock bags</b>	Various sizes, strong seal
1	pckg	<b>Safety Pins</b>	Medium to small sizes. Package of 10-20
1	unit	<b>Flashlight</b>	Plastic, for household use. (\$5-7 value) Should use standard AA batteries
2	pckg	<b>Batteries</b>	For flashlight. (Do not open package!)
1	unit	<b>Twine</b>	10 meters (30 feet) can be plastic or natural materials. For general purpose such as hanging clothes
1	set	<b>Plastic Containers</b>	Set of 3 or 4, plastic containers with lockable lid. Kitchen size. Sizes should vary and be stackable - for example each size fits into the next largest. Similar to Tupperware/Rubbermaid stored containers within containers.
1	unit	<b>Scissors</b>	General purpose, stainless steel
1	unit	<b>First Aid Kit</b>	<b>Purchase pre-assembled, family-size unit. <i>Do not assemble your own.</i></b> <b>Kit Generally Includes:</b> gauze; roller bandages; elastic band-aids (plasters); butterfly bandages; medical tape; shears (with protective end for cutting cloth); thermometer; antiseptic cream or spray; calamine lotion; Antihistamines (such as Benadryl); Ibuprofen (such as Advil); Aspirin; Acetaminophen (such as Tylenal); and Children's Aspirin
1	unit	<b>Writing Kit</b>	Pen (3) Paper (small, spiral notebook) Marker

**PLEASE NOTE:** Items should be packed in a way that the kit can be easily handled and items will not fall out. Ideally, the packaging will be clear and transparent. Packing materials could be: Large, clear, zip-lock bags, bags with draw-strings or clear plastic, containers with lids (Tupperware/Rubbermaid etc.)

**Donors are asked to take the time to assemble standard "kits" of items rather than sending miscellaneous items. Pre-assembled kits save time on the ground and allow for a quicker, more efficient distribution.**



## PRIORITY #3 - SCHOOL KITS

1	unit	<b>Scissors</b>	Blunt end. For cutting paper
1	pckg	<b>Crayons</b>	Similar to a standard box of 24
1	unit	<b>Notebook</b>	Spiral or tape-bound. Ruled paper 8-1/2 x 11 inches, 140-200 sheets
1	unit	<b>Ruler</b>	30 centimeter (12")
1	unit	<b>Pencil Sharpener</b>	Small, plastic, handheld
6	units	<b>Pencils</b>	New, with erasers
1	unit	<b>Eraser</b>	
12	pc	<b>Construction Paper</b>	Colored, various colors
1	roll	<b>Tape</b>	Similar to scotch tape
1	pc	<b>School Bag</b>	Cloth, with large, handles. (approx: 12" x 14") Should be closable with Velcro, button or zipper device

**PLEASE NOTE:** Items should be packed in a way that the kit can be easily handled and items will not fall out. Ideally, the packaging will be clear and transparent. Packing materials could be: In the school bag itself or in a large, clear zip-lock bags, bags with draw-strings or clear plastic, containers with lids (Tupperware/Rubbermaid etc.).

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## PRIORITY #4 - BABY / MATERNITY KITS

2	unit	<b>Baby Clothes</b>	For a 6-12 month old. Top and bottom. Practical clothing, Elastic waste band. Short or long-sleeved shirt. Easy to wash
2	unit	<b>Pajamas (gowns/sleepers)</b>	For a 6-12 month old. Single or double piece.
4	unit	<b>Socks</b>	For a 6-12 month old.
2	unit	<b>Bib</b>	
2	pckg	<b>Diapers</b>	Cloth or Disposable (approx. 6 units / pckg)
4	unit	<b>Safety Pins</b>	With plastic, safety cover ( <i>include only if you have included cloth diapers</i> )
1	unit	<b>Toy</b>	Baby-safe - such as: rattle or teething ring
1	bar	<b>Infant Soap</b>	Mild soap
1	bottle	<b>Baby lotion/oil</b>	18 oz, similar to Johnson & Johnson brand
1	bottle	<b>Baby Powder</b>	18 oz, similar to Johnson & Johnson brand
2	unit	<b>Towel</b>	Hand-towel size

**PLEASE NOTE:** Items should be packed in a way that the kit can be easily handled and items will not fall out. Ideally, the packaging will be clear and transparent. Packing materials could be: Large, clear, zip-lock bags, bags with draw-strings or clear plastic, containers with lids (Tupperware/Rubbermaid etc.).

**Donors are asked to take the time to assemble standard "kits" of items rather than sending miscellaneous items. Pre-assembled kits save time on the ground and allow for a quicker, more efficient distribution.**